

Information About COVID-19

Mt Baker Rheumatology Center is deeply concerned about the health and well-being of our patients, staff and community. Here are some of the steps we are taking to ensure your safety.

STEP 1

We are minimizing exposure risk

Mt Baker Rheumatology Center is sending out reminder calls to patients asking them to stay home if they have a cough, shortness of breath, fever 99° temporal, or loss of smell and taste. In order to be compliant with social distancing guidelines, we ask that only patients who require assistance bring guests into our office, such as caregivers. We are asking all other guests to please sit outside our clinic until the office visit is done.

STEP 4

Telehealth is here!

MT Baker Rheumatology Center has implemented telehealth visits in our clinic. Telehealth connects patients to healthcare providers through videoconferencing, electronic consultations and virtual communications, in lieu of in-person office visits. Patients will be able to communicate with their doctors on their phones and computers to avoid potentially spreading illness by coming into an office. Please call the office for more information, (360) 676-1610.

STEP 2

When coming in for a visit, we are taking your temperature

Mt Baker Rheumatology clinical staff is taking the temperatures of all patients when they enter the office. If your temperature is elevated, we will ask you to reschedule your appointment. We will have our provider's Medical Assistant call you to go over your medical needs.

STEP 3

We are focused on sanitizing our office

Our staff is sanitizing our lobby and workspaces regularly throughout the day and the at the end of the day. The exam rooms are being thoroughly sanitized after every visit.

STEP 5

Steps you can take to help keep yourself and others healthy

- Wash your hands often with soap and water for at least 20 seconds. Do this especially after blowing your nose, sneezing, or coughing; going to the bathroom; and before eating or preparing food.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your face, especially your eyes, nose and mouth with unwashed hands.
- Stay home when you are not feeling well.

We will get through this together.

For more information visit: www.cdc.gov/COVID19